

EMPLOYER NEWS

July 22, 2022

1-year Apple Fitness+ subscription* at no additional cost now available to Health Plan of Nevada (HPN) and Sierra Health and Life (SHL) group health plan members

Apple Fitness+ subscribers can enjoy:

- 11 workout types including HIIT, Pilates, Strength and Yoga
- New workouts and Meditations added every week, lasting from 5 to 45 minutes
- Handpicked music to help keep them going
- A subscription that can be shared with up to 5 family members

Eligible members with an Apple Watch (Series 3 or later) can redeem this offer, and those who already subscribe to Apple Fitness+ can get their next 12 months free of charge.

To enroll, group members can sign in to the [online member center](#). Then click on **Additional Benefits**, select **Apple Fitness+** and claim offer.

If you have any questions about this offer, please contact your HPN/SHL account representative.

*Apple Fitness+ requires Apple Watch Series 3 or later with watchOS 7.2 or later and one of the following Apple devices: iPhone 6s or later with iOS 14.3 or later, iPad with iPadOS 14.3 or later, or Apple TV with tvOS 14.3 or later. Available to applicable Health Plan of Nevada (HPN) and Sierra Health and Life (SHL) plans for fully insured customers who register for an account with Apple Fitness+. Subject to state legal and regulatory review.

Retail price is \$9.99/month or \$79.99/year if paid annually per member. Must be 13 years of age or older and covered under applicable HPN and SHL group health plans.

The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult with an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. The value of the application may be taxable. You should consult with an appropriate tax professional to determine if you have any tax obligations from having access to this application at no additional cost.

Apple Fitness+, Apple Watch, iPhone, iPad, Apple Music and Apple TV are trademarks of Apple Inc.



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SIERRA HEALTH AND LIFE
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